

Swim Lessons at the SVR



SVRA Members Signups May 20th
in person at the Ranch Offices
4:00PM - 7:00PM

All others - online Signups start at
5:00PM May 21st

<https://www.signupgenius.com/go/9040B44A5AB2DAAFF2-cedar1>

Session 1
June 10th - June 20th
9:30a.m.-12:00p.m.
Instructors:
Mia Hutchinson
Sadie Hulse
Kimberly Choma

Session 2
June 24th - June 28th
July 1st - July 3rd
M-F, M-W
9:00a.m.-12:00p.m.
Instructors:
Mia Hutchinson
Sadie Hulse
Kimberly Choma

Session 3
July 8th - July 18th
9:00a.m.-12:00p.m.
Instructors:
Mia Hutchinson
Sadie Hulse
Kimberly Choma

30 minute classes, Monday - Thursday

Fees: \$55 per child. Fees are due on the first day of class. If you need to cancel, please do so before June 1st otherwise we would appreciate you paying \$55 for each spot taken.

Guppies- 3&4 year olds. Water adjusted. Develop front and back skills.

Level 1 - Age 5 and up. Class is geared to help students feel comfortable in the water. Some of the skills worked on are floating in water, jumping from side going under water. Your child can skip level 1 if they are already comfortable submerging head.

Level 2 - Ages 5 and up Front/back floating and front crawl are taught. Children will learn to swim across the pool on front and back by themselves.

Level 2 ½ - Children that have taken Level 2 before and are close to swimming across the pool unassisted.

Level 3 - Need to be able to swim across the width of the pool unassisted. Continuation of Level 2 skills with an emphasis on front crawl and back crawl and introduction of the butterfly. Work on rotary breathing.

Level 4 - The purpose of this class is to develop confidence in the skills learned and improves other aquatic skills. Will work on improving the front and back crawl stroke. Introduce breaststroke.

Level 5 - Help participants refine their performance of all five swimming strokes. Basic skills include: alternate breathing, shallow angle dive.

Classes

Classes may be cancelled or combined if there are less than four students who register for a class.

Spectators

Please do not let other children that are not in class by the pool. We need the lifeguards to be able to focus on the children in the pool.

Goggles/Swim Caps

Swimmers can bring their goggles to use during swim lessons. Please tie back long hair or wear a swim cap.

Instructor

No one is to be in the water without their instructor. After the first day of class, students will know where to meet on the deck until the instructor arrives.

Report Cards

Progression through each level is based on individual skill and development. Successful completion of all exit skills is necessary for advancement. Please offer patience and praise as your child/children gain skill and proficiency at different rates. Most children take several sessions to complete a level. I will make recommendations for continuing lessons in report cards issued on the last day of class.

Make-Ups

Classes will only be made up on Fridays. If your child does not show up for your lessons the class will not be made up.

Questions

If you have any questions about the lessons please text me . (307) 880-9087 Mia Hutchinson

Session 1
June 10th -June 18th
9:00a.m.-12:00p.m. Instructors:
Mia Hutchinson
Sadie Hulse
Kimberly Choma

9:00 a.m. Level 2
Guppies
Level 4
9:30 a.m. Level 2
Guppies
Level 3
10:00 a.m. Guppies
Level 2 $\frac{1}{2}$
Level 3
10:30 a.m. Level 1
Level 3
Level 2
11:00 a.m. Level 4
Guppies
Level 1
11:30 a.m. Level 2 $\frac{1}{2}$
Guppies
Level 5

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June 24th -June 28th
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9:00a.m.-12:00p.m.

9:00 a.m. Level 3
Guppies
Level 5
9:30a.m. Level 4
Level 1
Level 2 $\frac{1}{2}$
10:00 a.m. Guppies
Level 3
Level 2
10:30 a.m. Level 2
Level 2 $\frac{1}{2}$
Level 4
11:00 a.m. Level 2
Level 3
Guppies
11:30 a.m. Level 2 $\frac{1}{2}$
Guppies
Level 1

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9:00 a.m. Level 2
Guppies
Level 3
9:30 a.m. Guppies
Level 2 $\frac{1}{2}$
Level 5
10:00 a.m. Level 1
Level 2
Level 3
10:30 a.m. Level 2
Guppies
Level 4
11:00 a.m. Guppies
Level 2
Level 3
11:30 a.m. Guppies
Level 2 $\frac{1}{2}$
Level 3